INSTRUCTIONS FOR COPD ASSESSMENT TEST
CAT, VERSION 1.0 (QxQ)

I. GENERAL INSTRUCTIONS

The COPD Assessment Test is an eight-item questionnaire for the participant to complete at Visit 1(baseline) through Visit 4.

These eight questions cover cough, phlegm, chest tightness, breathlessness going up hills/stairs, activity limitation at home, confidence leaving home, sleep and energy. Each question is rated on a likert scale ranging from zero to five, with high scores indicating poorer COPD-related health status.

The questionnaire takes two to five minutes to complete.

Header Information: The header information consists of key fields which uniquely identify each recorded instance of a form.

FORM DATE: Record date this is being completed. Select the date from the pop up calendar or type in the date in the space provided. Dates should be entered in the mm/dd/yyyy format.

INITIALS: Record the staff code of the person entering the data on this form. This code is assigned to each person at each site by the GIC. If you do not have a staff code and are collecting SPIROMICS data please contact the GIC in order to receive your own individual staff code.

II. DETAILED INSTRUCTIONS FOR CAT

Say to the participant:

"*This questionnaire will help us measure the impact COPD (Chronic Obstructive Pulmonary Disease) is having on your wellbeing and daily life. For each item below, tell me the number that best describes you currently. Be sure to only select one response for each question.*"

For participants without illness (Non-smokers and smokers with FEV_1/FVC > LLN):

After reading the statement above, say to the participant:

"We understand the wording of these questions can be confusing but ask that you consider and answer them carefully as they apply or do not apply to you."

Each item on this form gives two corresponding statements, a healthier statement on the left and a less healthy statement on the right. For each pair of statements the participant should select the number they feel best describes where they are on the scale between the two statements.

For each set of radio buttons an option to 'Reset' the question appears after a number is selected; this clears the answer for that question and leaves no answer selected.

When all questions have been answered save and close the form.